York Street Small Groups

Sermon Based Studies
SUNDAY 19th April 2020

Foundations: Prayer

1 Thessalonians 5:12-28



Please note that these studies are designed to be explored after hearing the Sunday Sermon and also to be accompanied by a time of prayer/sharing and supper.

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GETTING STARTED

Q1 . What do you think prayer is about?
Q2 . Can you remember a time when a big prayer was answered? What about a time when you prayed for something and it didn't nappen or it turned out different to what you prayed?

INTO THE WORD

Q3. Read Genesis 2:16-17

From the very creation of the world God wanted to have a relationship with us, prayer is the ability to speak to God and bring the things of our heart to Him. Since we cannot walk with God as Adam and Eve did in Genesis, prayer is His method of us connecting with Him. What have you found that helps you connect with God through prayer; a routine, a habit, a time of the day...

Q4. Read 1 Kings 18:21

Prayer is a powerful tool. As powerful as it is to be able to speak to God, if we get distracted we can find ourselves as God's people did time and time again praying to other things. As this chapter of Israel's history points out, it can be devastating if we get it wrong. It's important that we ONLY pray to God. It's so important that in Exodus 20, God's first 2 commandments are around this also. There is a supernatural war taking place in our world, have you ever had to combat this with prayer?

A message from Tim: If you do ever find yourself in this situation, remember that Jesus' name is powerful. A prayer such as "in Jesus' name I demand you leave" can send anything that is not of God away, pray it repeatedly if needed.

GOING DEEPER

O5. Read 1 Thessalonians 5:12-18

Paul writes to the church in Thessalonica to encourage them to live in a Godly way, but also to continue to work hard at their everyday lives as this too is an act of honouring God. His words to "Pray continually" (v17) are placed between an encouragement to rejoice and give thanks, how can we do this in our current world?

Q6. Read Matthew 6:9-15

Jesus shares with his disciples how to pray. How can you pray in a way that puts God first in your day to day life - a life of forgiveness, of Godly focus, and of only asking for what we need rather than what we want?

Prayer

Matthew 6

⁹ "This, then, is how you should pray:

"'Our Father in heaven. hallowed be your name, ¹⁰ your kingdom come, your will be done, on earth as it is in heaven.

- "Give us today our daily bread.
- ¹² And forgive us our debts, as we also have forgiven our debtors.
- ¹³ And lead us not into temptation, but deliver us from the evil one.