



Welcome Sunday

SMALL GROUP DISCUSSION QUESTIONS

SUNDAY 1 February 2026

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WELCOME HOME

A Rhythm That Brings Life

1 February 2026

GETTING STARTED

Take a few minutes to settle in and connect.

- How has this year started for you so far?
- When you think about a new year, what hopes or intentions usually come with it?
- Have you ever set a goal or rhythm that started well but slowly faded?

Read Romans 7:15 together.

Paul is honest about the struggle we all know. Wanting to do good but finding it hard to follow through.

Reflection questions

- What stands out to you about Paul's honesty here?
- Why do you think this struggle is so universal?
- How does it help to know this is part of the human story, not a personal failure?

INTO THE WORD

This message centres on the idea of rhythm rather than perfection.

Read John 15:13.

Jesus talks about laying down one's life, but the message reminds us that love is often lived out quietly and daily.

Discuss together

- Why is it sometimes easier to talk about big sacrifices than daily faithfulness?
- What might "living for" the people we love look like in everyday choices?
- How does this connect with our walk with Jesus?

Read Romans 8:1.

There is no condemnation for those in Christ.

Reflect

- Why is this verse so important when we talk about drifting or starting again?
- How does grace change the way we approach church and community?
- What does "Welcome home" mean to you personally?

GOING DEEPER

Drift doesn't usually happen through rebellion. It happens when we stop moving.

Read Hebrews 2:1

- What are some subtle ways people drift in their faith

Read Hebrews 10:24–25

Faith grows best in community.

- How has someone else's faith encouraged you?
- What makes church a place of encouragement rather than pressure?

The story of York Street Church of Christ reminds us that God has been faithful across generations.

- How do you see God's faithfulness in the life of this church today?
- What might God be inviting us to carry forward into the next season

Read Psalm 84:10.

- Why is one day in God's presence better than a thousand elsewhere
- What rhythms could help you keep choosing God's presence this year

PRAY TOGETHER