



Clearing the Clutter

Simple Faith in a Busy World



YORK STREET
CHURCH OF CHRIST

Family Series Clearing the Clutter

SMALL GROUP DISCUSSION QUESTIONS

SUNDAY 11 August 2026

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09 August 2026

Luke 10:38–42; 2 Corinthians 11:3; Matthew 6:33

GETTING STARTED

Our homes get cluttered with stuff, our diaries get cluttered with commitments, and our heads get cluttered with noise.

- Before opening Scripture, take a moment to name what's been crowding your attention lately.
- Question: If someone looked at how you spent your time and attention this past week, what would they say mattered most to you?

INTO THE WORD

In Luke 10, Martha is busy serving Jesus while Mary sits at His feet. Jesus doesn't rebuke Martha for serving — serving is good. The problem isn't what Martha is doing, but what has her attention. She's consumed by expectations: "I have to... I should... everyone expects..."

The contrast isn't lazy versus hardworking — it's distracted versus devoted. Before Jesus wants us to do something for Him, He simply wants us with Him.

- According to Luke 10:41–42, what does Jesus say Mary has chosen? Why does He call it "better"?
- What expectations have you been carrying that Jesus never actually placed on you?

GOING DEEPER

In 2 Corinthians 11:3, Paul warns that our minds can be "led astray" from sincere devotion to Christ — not through attack, but through subtle distraction. One more notification, one more scroll, one more commitment, and our minds become crowded — not with evil things, just too many things. Matthew 6:33 calls us to seek first the Kingdom, not as one more item on the calendar, but as the lens through which everything else is viewed.

- What voice have you been listening to most this week — news, social media, fear, or Jesus?
- What's one distraction you need to remove, and one simple habit that would help you put Jesus first this week?

PRAYER

Thank God for the ways He's already at work in your life, even amid the busyness. Ask the Holy Spirit to show you what's cluttering your attention — expectations, distractions, or noise — and to help you clear space to sit with Jesus first, before the rush of the week begins. Pray for the courage to protect that time, even in small ways.