

# York St Small Groups

## Sermon Based Studies

SUNDAY 9<sup>th</sup> August 2020

**Our Family Tree - Our Priorities**  
*Romans 6:15-25*



**These studies are designed to be explored after hearing the Sunday sermon and also to be accompanied by a time of prayer/sharing.**



**To listen to this message again please head to the York St Website or download from iTunes.**

**Webpage: [yorkst.com.au](http://yorkst.com.au)**

**YORK STREET**  
CHURCH OF CHRIST

## **GETTING STARTED**

**Q1.** Can you remember the last time you stopped and thought about what the most important thing in your life was? If you were to list what you spent most of your time on, what would that be?

**Q2.** Often, we 'react' to life, and while we know that God and family are high on our priorities if we openly examine our priorities, we would see that we spend far more time thinking about work, that house extension, that overdue bill, or dreaming about that holiday. There are things that anchor us when it comes to our faith, a routine, a habit, a practice, or a person; what do you do on a regular basis that helps you focus on Christ?

## **INTO THE WORD**

*Read Romans 6:15-25*

**Q3.** Paul writes about the wrestle with his sinful nature and his desire to follow Christ. We all get distracted from what God placed us on earth for, and those distractions affect us each day. How do you stay focused on Christ when there are so many distractions?

*Read 2 Corinthians 5:17*

**Q4.** Any time we change a habit we need to make a commitment; from keeping fit to breaking an addiction, there are changes that need to be made in order to reach the target. When we accept Christ we are born again, but in order to grow into the person God has called us to be we need to create some habits that draw us closer to Him.

**Q5.** What is a spiritual habit that you have tried but not been able to keep? Or is there a habit you have wanted to try but didn't know how to?

## **GOING DEEPER**

*Read Matthew 6:33*

**Q6.** When we put our relationship with Christ first, everything else falls into place. Below is a list of some of the spiritual habits that help us centre every aspect of our lives around Christ. Choose one or two of these and try them for 5 minutes a day to begin with and see what God reveals about himself to you.

- Meditation
- Prayer
- Fasting
- Simplicity
- Fellowship
- Journaling
- Chastity
- Stewardship
- Submission/Obedience
- Study
- Evangelism
- Contemplation
- Confession
- Solitude
- Gratitude
- Self-Examination
- Silence
- Celebration

### **Pray**

Heavenly Father, we want to place you at the centre of our lives, help us to make a habit this week that will draw us closer to you. Help this to be a priority in our lives so that we can become the people you want us to be. In Jesus' name we pray, Amen.