

# York St Small Groups

## Sermon Based Studies

SUNDAY 10<sup>th</sup> October 2021

**No Worries - Mark Conner**  
**Matthew 6:25-34**



**These studies are designed to be explored after hearing the Sunday sermon and to be accompanied by a time of prayer/sharing.**



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## **GETTING STARTED**

**Q1.** Share one highlight of the past week and/or one place you have seen God at work in the past week.

**Q2.** Take a minute to reflect on last Sunday's sermon. Briefly share your personal summary of the sermon, or a few personal thoughts and insights about the topic with the group.

## **INTO THE WORD**

### **Read Matthew 6:25-34**

**Q3.** Take a minute to reflect on what these words might have meant to the listeners at the time. What do you think their situation was? What thoughts, feelings and questions might this passage of God's Word have stirred up in them?

Share and discuss it with the group.

### **Read Matthew 6:25-34 again**

**Q4.** What worries do you think have stayed the same throughout history, and what might have changed? How does this make you feel when it comes to God's provision?

Share and discuss with the group the thoughts, feelings or questions this passage stirs up in you.

## **GOING DEEPER**

### **Read Romans 8:28**

**Q5.** In his message, Mark linked this verse to the story of Joseph. Have there been challenges in your life that you can now see God has used for good?

**Q6.** What are some worries you are currently facing? Share them with the group if you are comfortable doing so.

**Q7.** Using Mark's STOP method as a guide, or another method you find helpful, what are some practical ways you can lean on God in times of worry? Use examples if you can.

**S**pecify your worries

**T**ake action on your worries

**O**ffer a prayer to God

**P**lace your trust in God

### **Pray**

Spend some time praying for each other, and for whatever is on your heart at this time.